

Trail Running on a Two-Month Road Trip

(Want to know how you too can live on the road for two months? Use the Contact form on the site! I'd love to hear from you)

The Best of the Best: My Top 3 Choices for Trail Runs in the American Southwest!

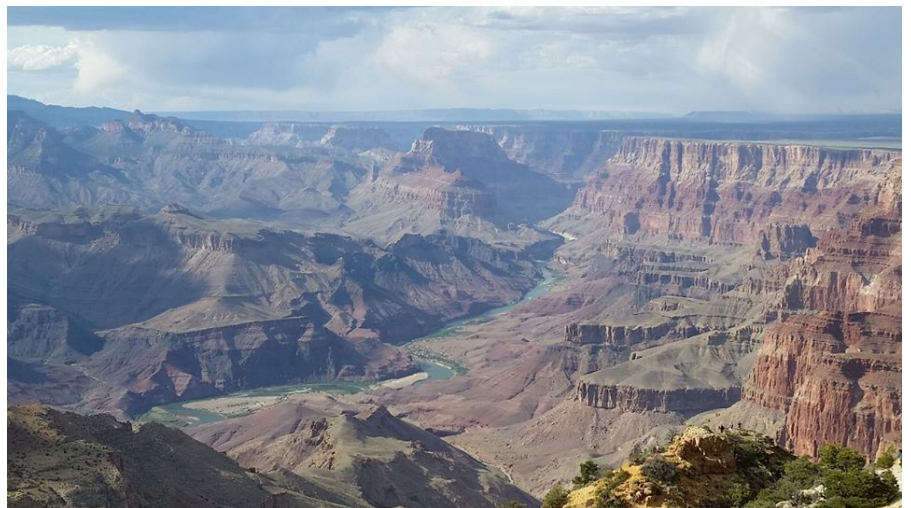
#3 Lower Calf Creek Falls



In Grand Staircase-Escalante National Monument, Utah, a 3 mile (one way) trail meanders through grassy meadows and sandy stream beds to a 126 ft waterfall. Though crowded, it is undeniably gorgeous.

#2) North Kaibab Trail

Descending from the North Rim of the Grand Canyon, the North Kaibab trail offers some shelter from the sun as it winds through surprisingly dense greenery. Suddenly, the view open up and you can see all the way to the Colorado River, seven trail miles and one vertical mile below.



#1 Queen's Garden & Peekaboo Loop



Bryce Canyon National Park cannot fail to amaze, with it's spectacular limestone Hoodoos in eye-watering pastels. This 8 mile trail descends from canyon rim to forest floor before climbing to the rim again and awarding this mesmerizing view.